

Action Plan for Inland Leaders Charter School

THIS YEAR'S GOALS

School offers opportunities for staff gratitude

Assignee:

Status: In Progress

To what extent does your school provide opportunities for staff to display gratitude toward each other?

<input type="checkbox"/>	Fully in place "Our school promotes staff gratitude in all the following ways:" "Providing professional learning opportunities on the importance of gratitude to all staff (including non-instructional staff) at least once per year" "Assessing staff gratitude styles at least once per year" "Aligning gratitude strategies to preferred styles" "Reviewing data to determine effectiveness of gratitude practices on all staff at least once per year"
<input type="checkbox"/>	Mostly in place
<input checked="" type="checkbox"/>	Partially in place
<input type="checkbox"/>	Not in place "Our school does not provide opportunities for staff to display gratitude toward each other."

Notes

Created 2023-09-14 21:58:39 by Jennifer Evans

 Add to favorite things list.

School implementation of social-emotional learning

Assignee:

Status: In Progress

To what extent does your school implement a [social-emotional learning \(SEL\)](#) curriculum?

<input type="checkbox"/>	Fully in place "Our school does all the following:" "Implements a SEL curriculum for all students at every grade level" "Uses an evidence-based, sequential, active, focused, and explicit SEL curriculum" "Provides continuous professional learning to all staff (including non-instructional staff) on SEL curriculum implementation" "Models and reinforces SEL skills in all learning environments daily" "Reviews data to determine the impact of SEL curriculum at least once per year"
<input type="checkbox"/>	Mostly in place
<input checked="" type="checkbox"/>	Partially in place
<input type="checkbox"/>	Not in place "Our school does not implement a social-emotional learning curriculum."

Tasks

<input type="checkbox"/>	Implement SEL strategies and curriculum to improve student to teacher rapport.
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School coordination team for social-emotional health

Assignee:

Status: In Progress

To what extent does your school have a [team](#) that coordinates the implementation of policies and practices regarding social-emotional health?

<input type="checkbox"/>	Fully in place "Our school has a team that does all the following:" "Coordinates implementation of policies and practices regarding social-emotional health" "Ensures members are representative of our school community" "Meets at least four times per year"
<input type="checkbox"/>	Mostly in place
<input checked="" type="checkbox"/>	Partially in place
<input type="checkbox"/>	Not in place "Our school does not have a team that coordinates the implementation of policies and practices regarding social-emotional health."

School standards for sold foods

Assignee:

Status: In Progress

To what extent does your school implement standards for foods and beverages sold to students during the school day?

<input type="checkbox"/>	Fully in place "Our school ensures all the following:" "All foods and beverages sold to students during the school day meet or exceed the USDA's federal regulations for school meal programs" "All foods and beverages sold to students during the school day meet or exceed the Smart Snacks in School nutrition standards, including all school meals, a la carte vending, school stores, snack or food carts, and any food-based fundraising" "We follow fundraising exemptions and guidance set by our state agency, which must also adhere to the Smart Snacks in School nutrition standards"
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<input type="checkbox"/>	Mostly in place
<input checked="" type="checkbox"/>	Partially in place
<input type="checkbox"/>	Not in place "Our school does not implement standards for foods and beverages sold to students during the school day."

Tasks

<input type="checkbox"/>	Implement healthy beverages practices to increase fruit and vegetable intake with students, promote healthy snack choice at school.
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School collaboration to support family and community engagement

Assignee:

Status: In Progress

To what extent does your school have a process in place to collaborate with community organizations to support family and community engagement?

<input type="checkbox"/>	Fully in place "Our school's process for collaborating with community organizations?includes all the following:" "Shared goals" "Defined roles and responsibilities" "Ongoing communication" "Evaluation plans" "" "Note: Examples of partnerships to support family and community engagement include afterschool programs, food and clothing banks, housing assistance programs, social service agencies, and health care services."
<input type="checkbox"/>	Mostly in place
<input checked="" type="checkbox"/>	Partially in place

<input type="checkbox"/>	<p>Not in place "Our school does not collaborate with community organizations to support family and community engagement."</p>
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Tasks

<input type="checkbox"/>	<p>Monthly PS posts with various physical / mental / social / dietary wellness practices to implement</p>
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School strategies to maximize school meal program participation

Assignee:

Status: In Progress

To what extent does your school implement strategies to maximize participation in [school meal programs](#)?

<input type="checkbox"/>	<p>Fully in place "Our school implements at least three of the following strategies:" "Breakfast in the classroom" "Second chance breakfast" "Alternative points of sale for reimbursable meals (e.g., outside lines, kiosks, grab and go options, reimbursable vending machines)" "Marketing and merchandising techniques (e.g., attractive presentation, healthy options easily accessible, inviting cafeteria environment)" "Seeking feedback from the school community through taste tests and surveys"</p>
<input type="checkbox"/>	<p>Mostly in place</p>
<input checked="" type="checkbox"/>	<p>Partially in place</p>
<input type="checkbox"/>	<p>Not in place "Our school does not implement strategies to maximize participation in school meal programs."</p>

Tasks

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Use farm to table idea to improve interest in healthy eating - Garden at YBC

DONE

Parenting strategies

Assignee:

Status: Completed - 2024-06-07 16:47:37

Does your school provide educational resources for families that address all of the following parenting strategies?

- Praising and rewarding desirable behavior
- Staying actively involved with children in fun activities
- Making time to listen and talk with their children
- Setting expectations for appropriate behavior and academic performance
- Sharing parental values
- Communicating with children about health-related risks and behaviors
- Making a small number of clear, understandable rules designed to increase level of self-management (e.g., routine household chores, homework, time spent using TV and computer)
- Consistently enforcing family rules with consequences (e.g., an additional chore, restricting TV/computer use for the evening)
- Monitoring children's daily activities (knowing child whereabouts and friends)
- Modeling nonviolent responses to conflict
- Modeling healthy behaviors
- Emphasizing the importance of children getting enough sleep
- Providing a supportive learning [environment](#) in the home

<input checked="" type="checkbox"/>	Fully in place "Yes, addresses all of these topics."
<input type="checkbox"/>	Mostly in place "Addresses most of these topics."
<input type="checkbox"/>	Under development "Addresses some of these topics."
<input type="checkbox"/>	Not in place "Addresses none of these topics or does not provide educational resources that address parenting strategies."

Notes

Created 2024-06-07 16:47:32 by Mike Gordon

Through several educational mechanisms at ILCS, including Student Success Team meetings, School Contract Accountability Team meetings, Individualized Education Plan meetings, Literacy Nights, and posts on Parent Square, these topics are addressed and implemented.

Community involvement in school health initiatives

Assignee:

Status: Completed - 2024-06-07 17:46:19

Does your school partner with local community organizations, businesses, or local hospitals to engage students and their families in health promotion activities?

<input checked="" type="checkbox"/>	Fully in place "Yes, our school partners with local community organizations, businesses, or local hospitals to promote and engage students and their families in health promotion activities, for all school health initiatives."
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[]	<p>Mostly in place "Our school partners with local community organizations, businesses, or local hospitals to promote and engage students and their families in health promotion activities, for most school health initiatives."</p>
[]	<p>Under development "Our school partners with local community organizations, businesses, or local hospitals to promote and engage students and their families in health promotion activities, for some school health initiatives."</p>
[]	<p>Not in place "No, our school does not partner with local community organizations, businesses, or local hospitals to promote and engage students and their families in health promotion activities for school health initiatives."</p>

Notes

Created 2024-06-07 17:46:08 by Mike Gordon



Inland Leaders partners with local agencies to ensure to health promotion including physical and emotional wellbeing.

Professional development for classroom teachers

Assignee:

Status: Completed - 2024-06-07 17:47:26

Are classroom teachers required to participate at least once a year in [professional development](#) on promoting and integrating physical activity in the classroom?

[]	<p>Fully in place "Yes, all do."</p>
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<input type="checkbox"/>	Mostly in place "Most do."
<input checked="" type="checkbox"/>	Under development "Some do."
<input type="checkbox"/>	Not in place "None do, or professional development on physical activity is not available to classroom teachers."

Notes

Created 2024-06-07 17:48:31 by Mike Gordon

Some staff continue to participate in PD in promoting and integrating physical activity into the classroom. Most staff implement and utilize physical activity to promote healthy living and brain activity.

Programs for staff members on healthy eating/weight management

Assignee:

Status: Completed - 2024-06-07 17:51:22

Does your school or district offer staff members healthy eating/weight management programs that are accessible and free or low-cost?

<input checked="" type="checkbox"/>	Fully in place "Yes."
<input type="checkbox"/>	Mostly in place "Offers healthy eating/weight management programs, but some staff members find them inaccessible or high-cost."

[]	<p>Under development "Offers healthy eating/weight management programs, but many staff members find them inaccessible or high-cost."</p>
[]	<p>Not in place "Does not offer healthy eating/weight management programs."</p>

Notes

Created 2024-06-07 17:51:15 by Mike Gordon
Updated 2024-06-07 18:29:04 by Mike Gordon

Inland Leaders health benefits package includes low-cost to free healthy eating/weight management programs including Wellvolution and Fitness Your Way. Additionally, the benefits package includes resources for mental health wellbeing as well.

School breakfast

Assignee:

Status: Completed - 2024-06-07 17:54:02

Does your school use strategies to maximize participation in the school breakfast program?

**NOTE: Generally, universal free breakfast is ideal for schools with ?70% of students eligible for free or reduced-price meals, but may still be feasible for schools with a lower percentage of eligible students depending on state and local policies and programs. Universal free breakfast refers to any program that offers breakfast to all students free of charge, regardless of their free, reduced or paid lunch status.*

[]	<p>Fully in place "Our school offers universal free breakfast* after the bell, such as breakfast in the classroom, grab and go to the classroom, or second chance breakfast models."</p>
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<input type="checkbox"/>	Mostly in place "Our school offers breakfast after the bell, such as breakfast in the classroom, grab and go to the classroom, or second chance breakfast models."
<input checked="" type="checkbox"/>	Under development "Our school offers a traditional breakfast program served and consumed in the cafeteria."
<input type="checkbox"/>	Not in place "Our school does not offer a breakfast program."

Notes

Created 2024-06-07 17:53:46 by Mike Gordon

Updated 2024-06-07 17:54:36 by Mike Gordon

Inland Leaders now offers breakfast and lunch to all students free of charge. This program does not yet offer after the bell or breakfast in the classroom. Students are able to access free food from the cafeteria up request or staff recommendation.

Breakfast and lunch programs

Assignee:

Status: Completed - 2024-06-07 17:54:55

Does your school offer school meals (both breakfast and lunch) programs that are [fully accessible](#) to all students?

<input checked="" type="checkbox"/>	Fully in place "Yes."
<input type="checkbox"/>	Mostly in place "Our school offers breakfast and lunch programs, but they are not fully accessible to all students."

[]	Under development "Our school offers only a lunch program, but there are plans to add a breakfast program."
[]	Not in place "Our school offers only a lunch program and there are no plans to add a breakfast program, or the school does not offer a breakfast or a lunch program."

Notes

Created 2024-06-07 17:54:44 by Mike Gordon

Inland Leaders now offers breakfast and lunch to all students free of charge. This program does not yet offer after the bell or breakfast in the classroom. Students are able to access free food from the cafeteria up request or staff recommendation.

Student and family involvement in the school meal programs and other foods and beverages sold, served and offered on school campus.

Assignee:

Status: Completed - 2024-06-07 17:58:17

Do students and family members have opportunities to provide both suggestions for school meals and other foods and beverages sold, served, and offered on school campus and feedback on the meal programs and other foods and beverages sold, served, and offered on school campus?

[]	Fully in place "Yes, both students and family members have opportunities to provide suggestions and feedback."
[x]	Mostly in place "Yes, both students and family members have opportunities to provide either suggestions for school meals or feedback on the meal program."

<input type="checkbox"/>	Under development "Either students or family members have opportunities, but not both."
<input type="checkbox"/>	Not in place "Neither students nor family members have these opportunities."

Notes

Created 2024-06-07 17:58:09 by Mike Gordon

Students and family members have a voice in providing input, feedback, and suggestions towards meal programs and other foods and beverages sold, served, and offered at ILCS.

Stress management programs for staff

Assignee:

Status: Completed - 2024-06-07 18:28:26

Does your school or district offer staff members accessible and free or low-cost stress management programs at least once a year?

<input type="checkbox"/>	Fully in place "Yes, stress management programs are offered, and all staff members find them accessible and free or low-cost."
<input checked="" type="checkbox"/>	Mostly in place "Stress management programs are offered, but some staff members find them inaccessible or high-cost."
<input type="checkbox"/>	Under development "Stress management programs are offered, but many staff members find them inaccessible or high-cost."

[]

Not in place

"Stress management programs are not offered at least once a year."

Notes

Created 2024-06-07 18:28:20 by Mike Gordon

Employees of Inland Leaders have access to a benefits package that includes Wellvolution, Fitness Your Way, and other wellness discounts.